

FIG WORKING WEEK 2019

22–26 April, Hanoi, Vietnam



"Geospatial Information for a Smarter Life
and Environmental Resilience"



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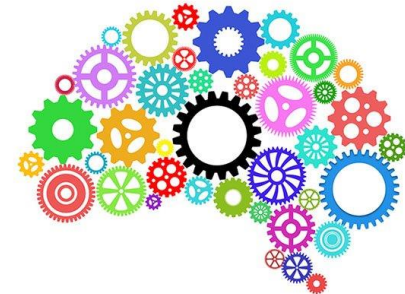
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Emotional intelligence *What is it? And how mastering it can supercharge your career!*

Nigel Sellars FRICS, 21 April 2019



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Emotions influence...

Decisions



Behaviour



Performance



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What is EI?



Emotional Intelligence:

Involves a set of skills that help us perceive, understand, express, reason with and manage emotions, both within ourselves and others.

Applied at work emotional intelligence is about how intelligently you use emotions to get positive results.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

Maya Angelou
1928 - 2014



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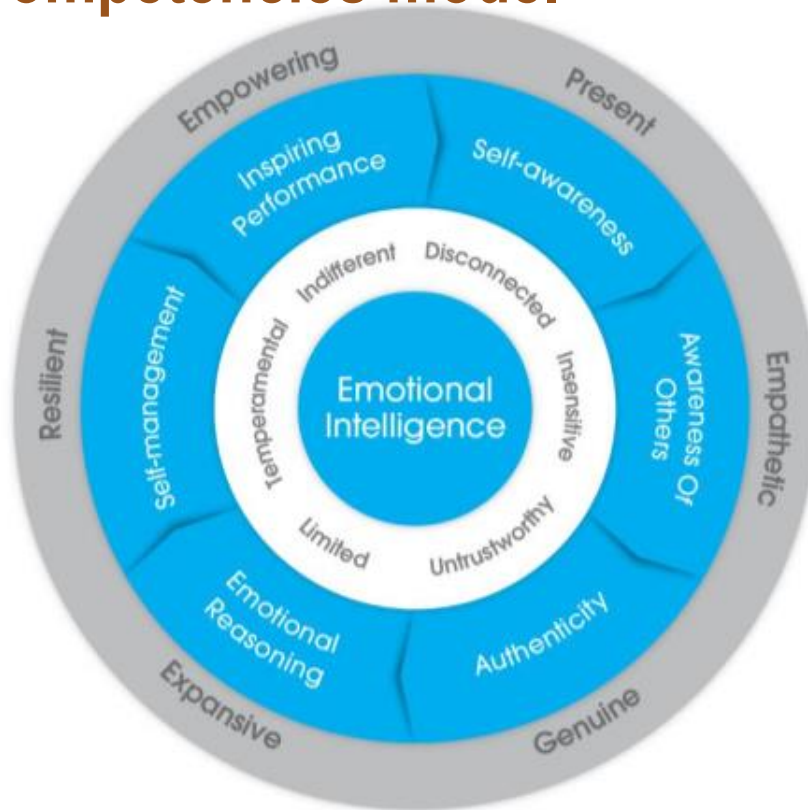
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EI Leadership Competencies model



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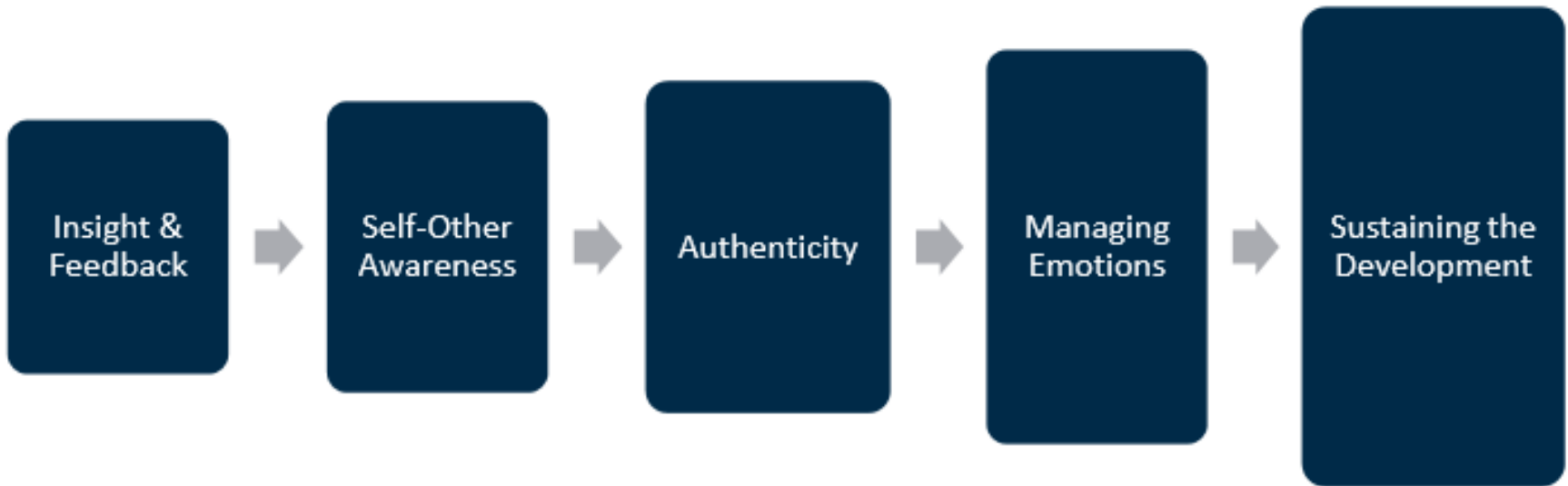
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Where do you go from here?



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Thank you and questions



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